

## Young marrows inherit the earth...

The courgettes in the boxes this week are from our friend Jono Smales. My gourd is he busy – we're putting his vegetables are lots of your boxes this summer.

Whilst Jono grows organic veg, he's bucking a trend by following in his dad's muddy, farming footsteps.

It seems kids these days want to work in offices on macs, not in fields in wellies, and the average age of UK farmers is 55.

And it's not just farmers. The shipping forecast is looking rather superannuated. In Looe, Cornwall (where our fish and seafood comes from) some fishermen are approaching their 70s. Lured away by modern jobs in big cities, younger generations aren't interested in taking the helm.

Luckily, there's one lad who's resisted the bright lights (of Plymouth). Chris Newman's son Matt is learning the ropes. They catch scallops for us in the summer, and fish in the winter.

They also supply Michelin starred kitchens in London. So there's an element of glamour... And being out on the open seas beats boring commutes and suits.

We're very glad that Jono's taken on Lyburn Farm, and that Matt is fishing for the future – because you're guaranteed organic veg and top notch fish for years to come.

We've got 20% off scallops (was £8.99, now £7.19) on orders placed till Weds 4th August, and there's a tasty thai scallop and courgette recipe up on the website.



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