

Reduce, reuse, recycle

Some of your ideas...

“Use the egg cartons to start seeds off, when they’re big enough they can be transplanted, with the cardboard shell, into a bigger pot – it works as an alternative to coir pots.”

“The large brown bags are brilliant for emptying bagless vacuum cleaner dust into.”

“The string you use to tie the boxes with are just the right size for Cat’s Cradle.”

“The larger paper bags make excellent kitchen-scrap-caddy liners – just cut the top off the bag, leaving 6”-8” of the bottom part (depending on how tall your caddy is), recycle the top and use the bottom as a liner, which can then go in the compost with the scraps.”

Leave out for your driver:

- Woolcool boxes[®]
- Ice boxes
- Gel packs
- Clear plastic Abel & Cole bags
- Plastic punnets
- Card separators

In the recycling:

- Paper bags
- Plastic and glass bottles
- Plastic punnets - check with your local council

On the compost

- Egg cartons
- Paper bags
- Card punnets

For this weeks recipes please see our website - www.abelandcole.co.uk